

# The Home and Community Care Program for Younger People



## Supporting you to be independent at home and in the community

Benetas Macedon Ranges Health delivers the Home and Community Care Program for Younger People (HACC-PYP) in the Macedon Ranges Shire. This program is funded by the Victorian Government and is designed to support eligible individuals to stay independent at home and in the community by providing them access to a range of affordable health care and support services.

### Who is HACC-PYP for?

HACC-PYP is targeted at people aged under 65 and Aboriginal people aged under 50 who need assistance with daily living activities due to an impairment relating to disability, mental or chronic illness or short term health need. It is also available for carers.

HACC-PYP is an alternative option for you if you are not eligible for the National Disability Insurance Scheme (NDIS) or are transitioning into the NDIS.

To determine whether you are eligible please contact Macedon Ranges Health for an assessment.



## HACC-PYP Services

As an HACC-PYP recipient, there are a range of services you can select from to support your independence, health and wellbeing.

### Help around the home

- Support with household tasks and cleaning
- Home safety maintenance and assessments including gutter cleaning, minor home repairs and one-off garden clearing or modification
- Minor repairs or modifications such as installing rails and ramps or other mobility aids
- Support with meals including options such as meal vouchers, meal preparation kits or meal shopping and preparation

### Personal, nursing and health care

- Personal care including support with bathing, dressing and grooming
- Exercises classes at MRH
- In-home nursing including support with incontinence, diabetes, medication management, wound care and a range of other conditions
- Health care services including Physiotherapy, Occupational Therapy, Dietetics and Podiatry

### Social support and community access

- Opportunities to stay connected, enjoy companionship and involvement in the community
- Respite for carers
- Social support groups, outings and music therapy via the MRH Lifestyle Enhancement Program
- Transport to and from appointments, shopping and more

## Accessing the program

If you think you or a family member of person you care for might find HACC-PYP beneficial, please reach out to our team at Macedon Ranges Health. You can call **03 54280 0300** or email **healthcare@mrh.org.au**

### Initial Needs Assessment

We will conduct an initial needs assessment over the phone to identify:

- If you're eligible for HACC-PYP
- The issues that underlie your needs
- Any opportunities for early intervention, health promotion and improved health and wellbeing.

You may be asked about your activities of daily living, carer needs, living arrangements, accommodation, cultural needs and personal safety.

### Comprehensive Assessment

If you are determined eligible for HACC-PYP, the Program Coordinator will visit you at your home to complete a comprehensive assessment. They will discuss your current situation and the sorts of services you may need and how often you may need them. In partnership with you, we will develop a service-specific care plan. Upon completion of this assessment, the Program Coordinator will refer you to the services deemed appropriate for you.

## Your care plan

Together we will identify and design strategies that enhance your capacity for independent living. Your care plan is guided by your:

- Goals
- Interests
- Aspirations
- Functional, social and emotional needs

The plan will detail the exact nature of care provided, when it will be delivered and the fee structure.

It can also involve your family members and carers.

## Understanding the costs

If eligible for HACC-PYP, the Victorian government will cover most of the cost of a range of services, ensuring you can access the support you need.

You will be required to make a small contribution to the cost of your services. This fee will vary depending on your income.

At assessment, we will chat with you to determine your income and factors which may affect your ability to pay the fees. We will then discuss the fees applicable to you.

## About Macedon Ranges Health

Macedon Ranges Health (MRH) is an award winning, community based not-for-profit organisation dedicated to the provision of health, community, welfare and aged care services to the communities of Macedon Ranges Shire and surrounding districts. We support the needs of people of all ages, offering a comprehensive range of services for the local community. Our suite of services includes:

- |                              |                                    |
|------------------------------|------------------------------------|
| • Child speech therapy       | • Community health promotion       |
| • Continence nursing         | • Exercise and prevention programs |
| • Dietetics                  | • Home care                        |
| • In-home nursing            | • Social support programs          |
| • Exercise physiology        | • Youth and outreach clinic        |
| • Occupational therapy       | • NDIS                             |
| • Physiotherapy              | • Men's Shed                       |
| • Podiatry                   |                                    |
| • Psychology and counselling |                                    |
| • Remedial massage           |                                    |
| • Diabetes education         |                                    |

In 2018, MRH officially amalgamated with leading not-for-profit aged care provider Benetas. Benetas and Macedon Ranges Health work together to ensure every person we care for live their best lives in communities of choice and support.



## Let's chat

We are here to support you to be healthy, safe and independent.

To find out more about HACC-PYP or our other services and programs please contact:

Macedon Ranges Health  
5 Neal Street Gisborne  
**T** 03 5428 0300  
**E** [healthcare@mrh.org.au](mailto:healthcare@mrh.org.au)

## About Benetas

Benetas is one of the leading not-for-profit providers of residential services, home care, health care, respite care, housing services and retirement living in Victoria. We provide our customers, their families and carers with outstanding levels of customer service and individualised care when they need it. Our vision is a positive, fulfilling experience of ageing where everyone has the opportunity to live their best life.

To reflect our Anglican heritage and commitment to social justice, Benetas contributes a social dividend which sees any profit reinvested into growing and expanding services and initiatives, including our dedicated research and advocacy agenda, which provides broader benefits to people within our communities.

Find out more at **[benetas.com.au](https://www.benetas.com.au)**